Local Cures

To cure black leg you put ivy on the infected area.

To cure ringworm you mix bluestone and burnt oil together, then rub it on.

To heal a burn on your skin, you would take oil from a washed-up seal and boil it, then rub it on the burn.

To cure a wart you dip your hand or foot in the holy font at Cowlán.

To cure chicken pox you bathe in a bath of bread soda and warm water.

To cure a nettle sting you rub a dock leaf on the sting.

To heat up a cold lamb you mix poitin and their milk together.

To cure a headache you would leave a blue and white cloth out on the bush the night before St. Bridget's day. Throughout the year whenever you have a headache, put the cloth on your head.

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